

# Break the Silence #RedWednesday

## NOVENA: 15 -23 November 2022



**"We believe that prayer is more important than ever at this time."**

Regina Lynch - International Projects Director of ACN



The focus for our prayer for #RedWednesday 2022 is to reaffirm our faith that we, as baptised Christians and beloved members of the Body of Christ, have a role to play in fighting the spiritual battle against evil.

We know, but sometimes forget, that God uses our prayers to change the course of history. Those who face direct persecution today need us, as brothers and sisters in Christ, to put on the armour of God and intercede for their liberation.

We ask that you pray with us during the eight days preceding #RedWednesday, finishing the ninth day on #RedWednesday itself. Please involve your parishes, families, prayer groups, friendship groups, and set up WhatsApp groups to make this a real time of prayer and sacrifice for peace, religious freedom, an end to terrorism and the defeat of the forces which seek the eradication of God from culture.



Each day we invite you to:

- Pray the rosary
- Go to Mass on as many of the nine days as you can
- Offer prayers to St Michael the Archangel
- Join ACN for the rosary and Mass on #RedWednesday either physically or spiritually.

This nine-day novena will be a challenge for many of us. As we pray together as one community, let us remind ourselves that this is a decision of love, which we do, not as a dry religious duty, but as faith-filled Christians who know that God will hear our prayers - this is his promise to us. We can unite our sacrifices (getting up earlier, switching off the tv/phone, planning our day to put prayer at its centre) to Jesus' sufferings.



We look forward to hearing from you and we thank you for taking on this vital commitment for those who risk all for Christ.

### Go2Mass for Someone Who Can't

Aid to the Church in Need is asking every Catholic to make the small sacrifice of going to an **extra** Mass to pray for one of the 200 million Christians who are facing the threat of persecution for their faith and even risking death to receive Jesus in the Eucharist. It is time for us to re-discover that "the most powerful force in human history is prayer joined to sacrifice." – St Pope John Paul II.

Join the countless believers around the world interceding for all who suffer injustice and you will be part of this chain of love.

*"Put all the good works in the world against one Holy Mass; they will be as a grain of sand beside a mountain."* – St. John Vianney

**#redwednesday #breakthe silence**

### Break the Silence through prayer

Let us answer Pope Francis' call to pray for the persecuted when he reminded us that, "Today there are more [martyrs] than in the first ages – but the media says nothing about them, because it's not news."

Post your commitment to prayer on social media by showing:

- The public Rosary Rallies
- The Ecumenical Prayer Service
- Liturgy/Service you have organised or joined
- Your 'Taste of Home' meals with family and friends
- Selfies outside churches saying "I'm going to Mass for Maira Shabaz/Ukraine/Bishop Álvarez from Nicaragua/kidnapped priests in Nigeria" etc.
- Telling your followers that your parish has organised a Holy Hour or #RedWednesday Mass.