

THE MOST HOLY BODY AND BLOOD OF CHRIST

STAND

ENTRANCE ANTIPHON *Ps 80: 17*
He fed them with the finest wheat
and satisfied them with honey from
the rock.

ENTRANCE HYMN

I am the Bread of life;
You who come to me shall not hunger;
and who believe in me shall not thirst.
No-one can come to me unless the
Father draw him.

*And I will raise you up,
and I will raise you up,
and I will raise you up on the last day.*

The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live forever, **R.**

I am the Resurrection, I am the Life,
If you believe in me,
even though you die,
you shall live forever. **R.**

Yes, Lord, I believe
that you are the Christ,
the Son of God
who have come into the world. **R.**

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.
And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

Lord Jesus, you raise us to new life:
Lord, have mercy.

Lord, have mercy.

Lord Jesus, you forgive us our sins:
Christ, have mercy.

Christ, have mercy.

Lord Jesus, you feed us with your
body and blood: Lord, have mercy.
Lord, have mercy.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins
and bring us to everlasting life.

Amen.



GLORIA

Glory to God in the highest,
and on earth peace to people of
good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great
glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten
Son,
Lord God, Lamb of God, Son of the
Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of
the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

O God, who in this wonderful
Sacrament have left us a memorial of
your Passion, grant us, we pray,
so to revere the sacred mysteries of
your Body and Blood that we may
always experience in ourselves
the fruits of your redemption.
Who live and reign with God the
Father in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

6th June 2021

THE LITURGY OF THE WORD

SIT

FIRST READING *24:3-8*

A reading from the book of Exodus

Moses went and told the people all the
commands of the Lord and all the
ordinances. In answer, all the people
said with one voice "We will observe
all the commands that the Lord has
decreed". Moses put all the
commands of the Lord into writing,
and early next morning he built an
altar at the foot of the mountain, with
twelve standing-stones for the twelve
tribes of Israel. Then he directed
certain young Israelites to offer
holocausts and to immolate bullocks
to the Lord as communion sacrifices.
Half of the blood Moses took up and
put into basins, the other half he cast
on the altar. And taking the Book of
the Covenant he read it to the
listening people, and they said, "We
will observe all that the Lord has
decreed; we will obey." Then Moses
took the blood and cast it towards the
people.

"This" he said "is the blood of the
Covenant that the Lord has made with
you, containing all these rules."

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps 115:12-13.15-18.R.v.13

R. The cup of salvation I will raise;
I will call on the Lord's name.

or **Alleluia!**

1. How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name. **R.**
2. O precious in the eyes of the Lord
is the death of his faithful.
Your servant, Lord, your servant
am I;
you have loosened my bonds. **R.**
3. A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people. **R.**



SECOND READING

9:11-15

A reading from the letter to the Hebrews

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

The word of the Lord.

Thanks be to God.

◀ **STAND** ▶

SEQUENCE

Shorter version — May be said or sung.

**Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children
meant,**

**That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from
heaven.**

**Come then, good shepherd, bread
divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;**

**O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen
guest,**

**Co-heirs of thine, and comrades
blest**

**With saints whose dwelling is with
thee.**

ACCLAMATION

Jn 6:51-52

Alleluia, alleluia!

**I am the living bread which has
come down from heaven,
says the Lord.**

**Anyone who eats this bread
will live for ever. Alleluia!**

GOSPEL

14:12-16.22-26

The Lord be with you.

And with your spirit.

A reading from the holy
Gospel according to Mark.



Glory to you, O Lord.

On the first day of Unleavened Bread, when the Passover Lamb was sacrificed, his disciples said to Jesus, "Where do you want us to go and make the preparations for you to eat the passover?" So he sent two of his disciples, saying to them, "Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there." The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. "Take it," he said "this is my body." Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, "This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God."

After psalms had been sung they left for the Mount of Olives.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

◀ **STAND** ▶

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;**

through him all things were made.

For us men and for our salvation
he came down from heaven,

(All bow during the next two lines)

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified under
Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the
Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

**I believe in the Holy Spirit, the Lord,
the giver of life,**

**who proceeds from the Father and
the Son,**

**who with the Father and the Son is
adored and glorified,**

who has spoken through the prophets.

**I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the
forgiveness of sins and I look
forward to the resurrection of the
dead and the life of the world to
come.**

Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

◀ **SIT** ▶

Raising the host, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the bread we offer
you: fruit of the earth and work of
human hands,

it will become for us the bread of life.

Blessed be God for ever.

*The priest pours wine and a little water
into the chalice, saying quietly:*

By the mystery of this water and wine
may we come to share in the divinity
of Christ,
who humbled himself to share in our
humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the wine we offer
you: fruit of the vine and work of
human hands,

it will become our spiritual drink.

Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart
may we be accepted by you, O Lord,

and may our sacrifice in your sight this day be pleasing to you, O Lord.

Then the priest washes his hands, saying quietly:
Wash me, O Lord, from my iniquity;
and cleanse me from my sin.

— **STAND** —

Facing the people the priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.

Amen.

EUCCHARISTIC PRAYER III *PREFACE II of Most Holy Eucharist*

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our
salvation, always and everywhere to
give you thanks, Lord, holy Father,
almighty and eternal God, through Christ
our Lord.

For at the Last Supper with his
Apostles, establishing for the ages to
come the saving memorial of the Cross,
he offered himself to you as the
unblemished Lamb, the acceptable gift
of perfect praise.

Nourishing your faithful by this sacred
mystery, you make them holy, so that
the human race, bounded by one world,
may be enlightened by one faith and
united by one bond of charity. And so,
we approach the table of this wondrous
Sacrament, so that, bathed in the
sweetness of your grace, we may pass
over to the heavenly realities here
foreshadowed.

Therefore, all creatures of heaven and
earth sing a new song in adoration,
and we, with all the host of Angels,
cry out, and without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.**

Hosanna in the highest.

**Blessed is he who comes in the name
of the Lord.**

Hosanna in the highest.

— **KNEEL** —

You are indeed Holy, O Lord,
and all you have created
rightly gives you praise,
for through your Son our Lord Jesus
Christ, by the power and working of
the Holy Spirit, you give life to all
things and make them holy, and you
never cease to gather a people to
yourself, so that from the rising of
the sun to its setting a pure sacrifice
may be offered to your name.

Therefore, O Lord, we humbly implore
you: by the same Spirit graciously
make holy these gifts we have brought
to you for consecration, that they may
become the Body and ✠ Blood
of your Son our Lord Jesus Christ,
at whose command we celebrate
these mysteries.

For on the night he was betrayed
he himself took bread,
and, giving you thanks, he said the
blessing,
broke the bread and gave it to his
disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT
OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was
ended, he took the chalice,
and, giving you thanks, he said the
blessing,
and gave the chalice to his disciples,
saying:

**TAKE THIS, ALL OF YOU, AND
DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY
BLOOD,
THE BLOOD OF THE NEW AND
ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR
YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.**

DO THIS IN MEMORY OF ME.

The mystery of faith

**When we eat this Bread and drink
this Cup, we proclaim your Death,
O Lord, until you come again.**

Then the Priest, with hands extended, says:

Therefore, O Lord, as we celebrate
the memorial of the saving Passion of
your Son,
his wondrous Resurrection and
Ascension into heaven, and as we
look forward to his second coming, we
offer you in thanksgiving this holy and
living sacrifice.

Look, we pray, upon the oblation of
your Church and, recognising the
sacrificial Victim by whose death
you willed to reconcile us to yourself,
grant that we, who are nourished by
the Body and Blood of your Son and
filled with his Holy Spirit, may become
one body, one spirit in Christ.

May he make of us
an eternal offering to you,
so that we may obtain an inheritance
with your elect,
especially with the most Blessed
Virgin Mary, Mother of God,
with blessed Joseph, her Spouse, with
the blessed Apostles and glorious
Martyrs (with Saint N., *the Saint of the
day or Patron Saint*) and with all the
Saints, on whose constant
intercession in your presence we rely
for unfailing help.

May this Sacrifice of our reconciliation,
we pray, O Lord, advance the peace
and salvation of all the world. Be
pleased to confirm in faith and charity
your pilgrim Church on earth,
with your servant Francis, our Pope,
and N. our Bishop, his assistant
Bishop(s) the Order of Bishops, all the
clergy, and the entire people you have
gained for your own.

Listen graciously to the prayers of this
family,
whom you have summoned before you:
in your compassion, O merciful
Father, gather to yourself all your
children scattered throughout the world.
To our departed brothers and sisters
and to all who were pleasing to you
at their passing from this life,
give kind admittance to your kingdom.
There we hope to enjoy for ever the
fullness of your glory

The Priest joins his hands.

through Christ our Lord,
through whom you bestow on the
world all that is good. †

*The Priest takes the chalice and the paten
with the host and, elevating both, he says:*

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever. **Amen.**

COMMUNION RITE

— **STAND** —

At the Saviour's command
and formed by divine teaching,
we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.



The priest says quietly:

May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

And together with the people he says once:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

May the Body of Christ keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ. **Amen.**

COMMUNION ANTIPHON Jn 6: 57

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

COMMUNION HYMN

Eat this bread, drink this cup, come to me and never be hungry. Eat this bread, drink this cup, trust in me and you will not thirst.

I am the Bread of Life, the true bread sent from the Father.

Your ancestors ate manna in the desert, but this is the bread come down from heaven.

Eat my flesh, and drink my blood, and I will raise you up on the last day.

Anyone who eats this bread will live for ever.

If you believe and eat this bread you will have eternal life.

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, you are the living bread that has come down from heaven. You have called me to your table. I have received your flesh to eat and your blood to drink in Communion. Stay with me; strengthen me with this bread from heaven that I may walk in your paths. Keep me in union with you all my days on earth so that I may live with you for ever in heaven.



STAND

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever. **Amen.**

CONCLUDING RITES

The Lord be with you. **And with your spirit.**

Bow down for the blessing – No13

May the effects of your sacred blessing, O Lord, make themselves felt among your faithful, to prepare with spiritual sustenance the minds of all, that they may be strengthened by the power of your love to carry out works of charity. Through Christ our Lord.

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you forever. **Amen.**

Go forth, the Mass is ended, **Thanks be to God.**

RECESSIONAL HYMN

Praise my soul the King of heaven, To his feet your tribute bring. Ransomed, healed, restored, forgiven, Who am I his praise to sing? Praise him. Praise him. Praise him. Praise him. Praise the everlasting King.

Angels, help us to adore him: You behold him face to face: Sun and moon bow down before him, Ev'ry thing in time and space. Praise him. Praise him. Praise him. Praise him. Praise with us the God of grace.