

# SIXTH SUNDAY IN ORDINARY TIME

STAND

**ENTRANCE ANTIPHON** Cf. Ps 30: 3-4

Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my  
stronghold! Lead me, guide me, for  
the sake of your name.

## ENTRANCE HYMN

**R.** Lay your hands gently upon us,  
let their touch render your peace,  
let them bring your forgiveness and  
healing,  
lay your hands, gently lay your hands.

You were sent to free the  
broken-hearted,  
You were sent to give sight to the  
blind.

You desire to heal all our illness.  
Lay your hands,  
gently lay your hands.

Lord, we come to you through  
one another,  
Lord, we come to you in all our need.  
Lord, we come to you  
seeking wholeness.  
Lay your hands,  
gently lay your hands.

**Priest:** In the name of the Father and  
of the Son, and of the Holy  
Spirit.

People: Amen.

Grace to you and peace from God our  
Father and the Lord Jesus Christ.

And with your spirit.

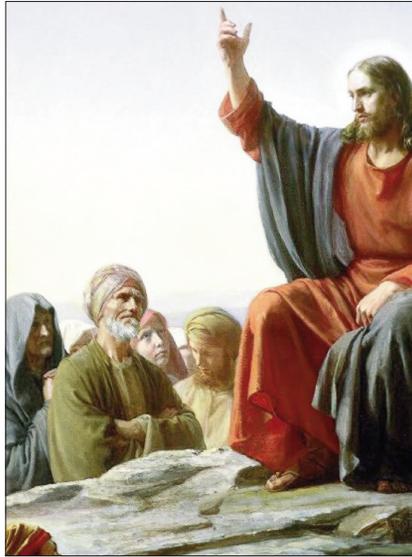
## PENITENTIAL ACT

Brethren (Brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves to  
celebrate the sacred mysteries.

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I  
have failed to do,

*Striking your breast as you say:*  
through my fault, through my fault,  
through my most grievous fault;

therefore I ask blessed Mary ever-  
Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.



*The absolution by the priest follows:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.  
Amen.

Lord have mercy. **Lord have mercy.**  
Christ have mercy. **Christ have mercy.**  
Lord have mercy. **Lord have mercy.**

## GLORIA

Glory to God in the highest,  
and on earth peace to people of  
good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great  
glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten  
Son,  
Lord God, Lamb of God, Son of the  
Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of  
the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

13th February 2022

## COLLECT

O God, who teach us that you abide  
in hearts that are just and true,  
grant that we may be so fashioned by  
your grace as to become a dwelling  
pleasing to you.

Through our Lord Jesus Christ,  
your Son, who lives and reigns with  
you in the unity of the Holy Spirit,  
God, for ever and ever.

Amen.

## THE LITURGY OF THE WORD

SIT

## FIRST READING

17:5-8

**A reading from the prophet  
Jeremiah**

The Lord says this:

“A curse on the man who puts his  
trust in man,

who relies on things of flesh,  
whose heart turns from the Lord.

He is like dry scrub in the  
wastelands:

if good comes, he has no eyes for it,  
he settles in the parched places of  
the wilderness,

a salt land, uninhabited.

“A blessing on the man who puts his  
trust in the Lord,

with the Lord for his hope.

He is like a tree by the waterside  
that thrusts its roots to the stream:

when the heat comes it feels no  
alarm, its foliage stays green;

it has no worries in a year of  
drought, and never ceases to bear  
fruit

The word of the Lord.

Thanks be to God.

## RESPONSORIAL PSALM

Ps1:1-4.6. R Ps 39:5

**R.** Happy the man who has  
placed his trust in the Lord.

1. Happy indeed is the man who  
follows not the counsel of the  
wicked; nor lingers in the way of  
sinners; nor sits in the company  
of scorners, but whose delight is  
the law of the Lord and who  
ponders his law day and night.

(R)

2. He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper. **(R)**

3. Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind. For the Lord guards the way of the just but the way of the wicked leads to doom. **(R)**

**SECOND READING** 15:12.16:20

**A reading from the first letter of St Paul to the Corinthians**

If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people.

But Christ has in fact been raised from the dead, the first fruits of all who have fallen asleep.

The word of the Lord.

**Thanks be to God.**

**STAND**

**ACCLAMATION** cf. Mt 11:25

**Alleluia, alleluia!**

**Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the  
kingdom to mere children.  
Alleluia!**

**GOSPEL**

6:17.20-26

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glorify to you, O Lord.**



Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him

and to be cured of their diseases.

Then fixing his eyes on his disciples, he said:

“How happy are you who are poor; yours is the kingdom of God.

Happy you who are hungry now: you shall be satisfied.

Happy you who weep now: you shall laugh.

“Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.

“But alas for you who are rich: you are having your consolation now. Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

“Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.”

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**STAND**

**PROFESSION OF FAITH**

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial  
with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*(All bow during the next three lines)*  
and by the Holy Spirit was incarnate  
of the Virgin Mary,  
and became man.**

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the  
Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord,  
the giver of life,  
who proceeds from the Father and  
the Son,  
who with the Father and the Son is  
adored and glorified,  
who has spoken through the  
prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the  
forgiveness of sins  
and I look forward to the  
resurrection  
of the dead  
and the life of the world to come.  
Amen.**

**PRAYER OF THE FAITHFUL**

**LITURGY OF THE EUCHARIST**

**SIT**

**Raising the host, the priest says:**

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.  
**Blessed be God for ever.**

**The priest pours wine and a little water  
into the chalice, saying quietly:**

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

**Raising the chalice, the priest says:**

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.  
**Blessed be God for ever.**

**Bowing the priest says quietly:**

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

**Then the priest washes his hands, saying  
quietly:**

Wash me, O Lord, from my iniquity; and cleanse me from my sin.

**STAND**

**Facing the people the priest says:**

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.**

**PRAYER OVER THE OFFERINGS**

May this oblation, O Lord, we pray, cleanse and renew us and may it become for those who do your will, the source of eternal reward.

Through Christ our Lord.

**Amen.**

*PREFACE I of Ordinary Time  
EUCCHARISTIC PRAYER II*

The Lord be with you.

**And with your Spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For through his Paschal Mystery, he accomplished the marvellous deed, by which he has freed us from the yoke of sin and death, summoning us to the glory of being now called a chosen race, a royal priesthood, a holy nation, a people for your own possession, to proclaim everywhere your mighty works, for you have called us out of darkness into your own wonderful light. And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

**◀ KNEEL ▶**

You are indeed Holy, O Lord, the fount of all holiness.

*The Priest joins his hands and, holding them extended over the offerings, says:*  
Make holy, therefore, these gifts, we pray,

by sending down your Spirit upon them like the dewfall, so that they may become for us the Body ✠ and Blood of our Lord, Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

**The mystery of faith**

**When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.**

*Then the Priest, with hands extended, says:*

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis our Pope, N. our Bishop, his assistant Bishop(s), and all the clergy.  
Remember also our brothers and sisters

who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with Blessed Joseph her Spouse, with the blessed Apostles, and all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

*The Priest takes the chalice and the paten with the host and, elevating both, he says:*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

**Amen.**

**COMMUNION RITE**

**◀ STAND ▶**

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven . . .**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the glory are yours, now and for ever.**

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.

**And with your Spirit.**



*The priest may add these or similar words.*

Let us offer each other the sign of peace.

*The priest places a small piece of the host in the chalice saying quietly:*

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

*Meanwhile the people sing or say:*

**Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
grant us peace.**

◆(KNEEL)◆

*The priest says quietly:*

May the receiving of your Body and Blood,  
Lord Jesus Christ,  
not bring me to judgement and condemnation,  
but through your loving mercy  
be for me protection in mind and body,  
and a healing remedy.

*Raising the host the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

*And together with the people he says once:*

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

May the Body of Christ  
keep me safe for eternal life.

*The Priest reverently consumes the Body of Christ.*

*Then he takes the chalice and says quietly:*  
May the Blood of Christ  
keep me safe for eternal life.

*The Priest raises a host slightly and shows it to each of the communicants, saying:*

The Body of Christ.

**Amen.**



**COMMUNION ANTIPHON**

*Cf. Ps 77: 29-30*

**They ate and had their fill,  
and what they craved the Lord  
gave them;  
they were not disappointed in what  
they craved.**

◆(KNEEL)◆  
**COMMUNION HYMN**

**R.** *God bids us welcome to his House  
And He invites us to His Feast  
Day of great joy and happiness,  
Alleluia!*

**Great was my joy when I was told  
Let us approach to God's abode  
That's in the City of the Lord. R.**

**Christ is the Sun which brings  
the dawn  
He is the Light of all the world  
Setting us free from death and sin.  
R.**

**Christ is alive, with joy we sing  
We celebrate our Risen Lord  
Praising the glory of His name. R.**

◆(KNEEL)◆  
**PRIVATE PRAYER AFTER COMMUNION**

Lord Jesus,  
healer of souls and forgiver of sins,  
I, a sinner have received you in  
holy Communion.  
I am not worthy, but I need your help.  
Lord, teach me the enormity of sin.  
I know your mercy  
and that in the sacrament of Penance  
you will reach out your hand  
and touch me and cure me.  
Lord, in my daily life I offer you  
whatever I eat, or drink, or do.  
so that I may please you in all I do.

◆(STAND)◆

**PRAYER AFTER COMMUNION**

Having fed upon these heavenly delights, we pray, O Lord,  
that we may always long  
for that food by which we truly live.  
Through Christ our Lord.  
**Amen.**

◆(STAND)◆  
**CONCLUDING RITES**

◆(STAND)◆

The Lord be with you.  
**And with your spirit.**

**Solemn Blessing – Ordinary Time V**

May almighty God always keep every  
adversity far from you  
and in his kindness pour out upon you  
the gifts of his blessing.  
**Amen.**

May God keep your hearts attentive to  
his words,  
that they may be filled with everlasting  
gladness.  
**Amen.**

And so, may you always understand  
what is good and right,  
and be found ever hastening along  
in the path of God's commands,  
made coheirs with the citizens of  
heaven.

**Amen.**

And may the blessing of almighty  
God, the Father, and the Son, ✠ and  
the Holy Spirit, come down on you  
and remain with you for ever.  
**Amen.**

Go forth, the Mass is ended.  
**Thanks be to God.**

◆(KNEEL)◆  
**RECESSIONAL HYMN**

**Now thank we all our God,  
with heart and hands and voices,  
who wondrous things hath done,  
in whom his world rejoices;  
who from our mother's arms  
hath blessed us on our way  
with countless gifts of love  
and still is ours today.**

**O may this bounteous God  
through all our life be near us,  
with ever joyful hearts  
and blessed peace to cheer us;  
and keep us in his grace,  
and guide us when perplexed,  
and free us from all ills  
in this world and the next.**