

ENGLISH MARTYRS, Alvaston. Tel: 01332 574474 and St GEORGE's Derby . Tel: 01332 767038

Parish Priest: Fr. Mark Brentnall

Assistant: Canon Alan Burbidge Emeritus

Nottingham Roman Catholic Diocesan Trustees: Company Number 7151646 Charity Number 1134449

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18th August 2024

20th WEEK OF CHURCH YEAR

MASS TIMES & INTENTIONS

Sat 17 Aug	5.30 pm	SG	Lourdes Watters RIP
Sun 18 Aug	9.30 am	SG	People of the Parish
	11.15 am	HS	The Clayton family RIP
Mon 19 Aug	9.30 am	SG	Mark Crosbie RIP
Tues 20 Aug	9.00 am	SG	Lourdes Waters RIP
Wed 21 Aug	9.30 am	SG	In thanksgiving, St Anthony of Padua
Thu 22 Aug	9.30 am	SG	For all the people of the world, for The sick and for travellers.
Fri 23 Aug	9.30 am	SG	For recovery of the wounded in warfare and violence.
Sat 24 Aug	9.30 am	SG	Tamara Kacafirenko RIP
	5.30 pm	SG	For Karan O'Connor RIP and for Headley O'Connor RIP
Sun 25 Aug	9.30 am	SG	People of the Parish
	11.15 am	HS	For peace in the world

SG St George's HS Holy Spirit

GOSPEL REFLECTION

From the very beginning the Eucharist and the Cross have been stumbling blocks. When Jesus spoke of his cross Peter protested, 'Never, Lord! This shall never happen to you.' (Matthew 16:22). When he first referred to the Eucharist the disciples weren't having it. 'This is a hard teaching, who can listen to it.' (John 6:60) and the teaching caused quite the commotion among the Jewish leaders. 'How can this man give us his flesh to eat?' (John 6:52). Jesus asks of us the same question. 'Will you go away?' (John 6:67).

This bishops at the Second Vatican Council declared the Eucharist to be the 'source and summit of the Christian life' (*Gaudium et Spes 11*) All the sacraments are actions of Christ but in the Most Holy Eucharist Christ is really and truly present under the appearances of bread and wine. In the Eucharist the sacrifice on the cross is made present to us.

How fitting then that the word Eucharist comes from the Greek *eucharistein* meaning 'to give thanks' and recalls the Jewish blessing prayer commemorating the threefold gifts of creation, redemption and sanctification.

We call the Eucharist, the Lord's Supper, the Wedding Feast of the Lamb, the Blessing of Bread, the Eucharistic Assembly, the Memorial of the Lord' Passion and Resurrection. Also of the Sacrifice of the Mass: Sacrifice of Praise, Spiritual Sacrifice, Pure and Holy Sacrifice and Bread of Heaven.

The anaphora (the Eucharistic prayer), which includes the epiclesis (the prayer asking for the Father's blessing on the bread and wine so that they become the Body and Blood of Christ Jesus our Lord), and the anamnesis (the calling to mind the Passion, Resurrection and glorious return of Jesus), are moments of grace and blessing. How privileged we are! What lavish love God has poured out! Sing, shout with joy, we are so blessed to eat the flesh and drink the blood of Jesus our Lord and Saviour.

Truly I say to you, unless you eat the flesh of the Son of Man and drink his blood you have no life in you' (John 6:53)

PARKING AT ST GEORGE'S CHURCH: If the car park and roadside parking is full you can always go up the presbytery drive, even double parking at the back of the house. There is room for several cars and Fr Alan does not need to get out until after Mass.

HOLY SPIRIT COFFEE MORNING, SUNDAY 18TH AUGUST AFTER MASS.

Mother's Group raising money to help an international student at Derby University.

CONFESSIONS: SATURDAY ONLY: 10:15 – 10:45

ADORATION before the Blessed Sacrament daily before the 9.30 am Mass and then other times as announced.

SAINTS THIS WEEK:

Mon. 19 Aug: St John Eudes, priest
Tues 20 Aug: St Bernard, Abbot & Doctor
Wed 21 Aug: St Pius X, Pope
Thurs 22 Aug: The Queenship of Mary
Fri 23 Aug: St Rose of Lima, Virgin
Sat 24 Aug: St Bartholomew, Apostle

A RECENT DEATH:

Please pray for Agnes Nyabushaka of Glossop Street, Derby, who has died recently. We offer to her family our sincere sympathies and prayers. *Eternal rest grant unto her O Lord and let perpetual light shine upon her. May she rest in peace. Amen.* Requiem Mass at St George's at 11 am on Tuesday, 3rd September.

Creative Solutions

Therefore, do not continue in ignorance, but try to understand what is the will of the Lord. Ephesians 5:17

Isn't it oddly frustrating that often in life we are called to make some of the most important decisions when we are in the most difficult places? Right when we need clarity and wisdom the most, we might feel the most fatigued, foggy or fearful. This is where I pause.

I do not want to navigate my life from a position of chaos or confusion. What do we do when we don't know what to do? This is when we pause and do what we need to do to get ourselves into a state of alignment. Alignment is the centred place, the quiet place, the calm place where we open ourselves to the will of God. This is the access point to wisdom. This is the origin of creative solutions. This is where we can see beyond our own limited perspectives. This is where we receive divine insertion. This is where we migrate from fear to love.

Pray, Meditate. Spend time in nature. Do some stretching. Journal. Breathe.

Move into alignment to discern the will of God

FOOD BANK SUPPORT:

Thanks to those who continue to support our local food bank with donations of food. It is so generous of you at St George's and Holy Spirit and we know there are a lot of people whose incomes cannot meet all their commitments, especially the devastating increases that have happened for utilities besides food price inflation.